

# REVIVE YOUR SOUL #3

What We Must Do To “Abide in the  
Vine.” Our Practices for Soul Rest  
and Vitality

# WE MUST ACT AND ACT WISELY UNDER GRACE

- Col. 3:5-17
- II Peter 1:2-11
- Phil. 2:12-16

**Grace is not opposed to effort, but to earning.** “Boasting is excluded.” Rom 3:27

# The Golden Triangle of Spiritual Growth

*The Action of the Holy Spirit*

John 3:5 ▪ Rom. 8:10-13 ▪ Gal. 5:22-26

Centered in  
the Mind of  
Christ

Phil 2:12-15

Rom. 13:14

Ordinary Events of  
Life: “Temptations”

James 1:2-4

Rom. 5:1-5

Planned Discipline to  
Put on a New Heart

Col. 3:12-17

2: Pet. 1:5-10

# YOUR RESPONSIBILITY FOR GROWTH IN GRACE

- **YOU MUST SELECT ACTIVITIES THAT CHANGE YOU UNDER GRACE.**
- **YOU MUST PLAN ON BEING DIFFERENT.**
- **THIS IS NOT ACTS OF RIGHTEOUSNESS BUT WISDOM UNDER GOD.**
- **TO NOT DO THIS IS TO PLAN TO STAY WHERE YOU ARE SPIRITUALLY.**

# OBEDIENCE IS NOT LEGALISM—”WORKS”

- THE AIM IS NOT TO DO (OR NOT DO) THE DEED. (E.G., NOT KILL, LIE, ETC.)
- THAT IS THE WAY OF THE PHARISEE
- ALWAYS LEADS TO FAILURE AND TO HYPOCRISY. (LUKE 12:1)
- BECAUSE IT DOES NOT CHANGE  
WHO YOU ARE ON “THE INSIDE.”

# “CLEANING THE INSIDE OF THE CUP.” (Matt. 23:25)

- If you would keep the Jesus’ teaching, don’t aim at that, but at becoming the kind of person who naturally (supernaturally of course) does that: Routinely, easily!!!
- The source of good and evil in human life is the human “heart.” (Mark 7:21-23, Luke 6:43-45, Prov. 4:23)
- And then all of the parts of the human self.

# WHO IS THE DISCIPLE?

- ONE WHO TRUSTS JESUS CHRIST FOR EVERYTHING, KNOWING HE IS INDEED THE LORD OF LIFE, MASTER OF EVERYTHING.
- ONE WHO IS **WITH HIM**, LEARNING **FROM HIM** HOW TO LEAD THEIR LIFE IN THE KINGDOM OF GOD AS HE WOULD LEAD THEIR LIFE IF HE WERE THEY.

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# DISCIPLINES FOR FULL LIFE IN CHRIST

- A DISCIPLINE IS SOMETHING IN MY POWER THAT ENABLES ME TO DO WHAT I CANNOT DO BY DIRECT EFFORT.
- STILL VALID IN THE REALM OF GRACE.  
“MEANS OF GRACE”
- ILLUSTRATION. (JOSH. 1:8, MATT. 26:41)
- FOLLOWING JESUS INTO HIS PRACTICES.

# Solitude

Solitude is the choice and practice of being alone, being apart from the press of the usual human connections.

Sabbath and doing nothing

Long periods



# Two Forms of Silence

- No Noise. Quietness
- Not Talking



# Fasting

Fasting is actually  
feasting upon God,  
being nourished by God.



# Frugality

Frugality as a discipline consists in abstaining from using money or goods at our disposal in ways that merely gratify our desires or our hunger for status, glamour, or luxury.



# Study

In Study we focus our mind upon something to bring its substance and order into our mind and from there into the rest of our life.

JOSH. 1:8

- THE IMPORTANCE OF MEMORIZATION



# Worship

Worship is the act and state of ascribing greatness to God in every respect:  
Especially in immensity and in goodness, in knowledge and in power.



# **How Does One Practice The Disciplines?**

- **Decide to live as Jesus' student**
- **Begin to obey His teachings**
- **Observe why you fail**
- **Do in reliance on the Spirit what will remove the causes of failure – These will be DISCIPLINES**



# ALL HE TAUGHT IS GOOD AND POSSIBLE

- Not as law, but as expressions of kingdom living now inhabiting us.
- “Beyond the righteousness of the scribes and Pharisees.” Matt. 5:20
- Examples of anger, contempt and looking to lust or “cultivated lusting.” Matt 5:22-30
- The transformation of the mind. Rom. 12:2

# ABIDE IN THE VINE...

- “If you continue/abide/live in my word, then you really are my disciples, and you shall know—live interactively—with the truth, and the truth shall set you free.” John 8:32
- Free from what? The power of sin.
- We abide by practicing the disciplines for the spiritual life, by following Jesus into his practices.
- We thus “work out our individual deliverance with fear and trembling.” Phil. 2:12

# THE LIFE OF JESUS IN US SEEN IN SCRIPTURES

- IT'S ALL TRUE
- IT WORKS
- IT'S ACCESSIBLE TO ANYONE WHO WILL PUT THEIR CONFIDENCE IN JESUS AS THE LORD OF GLORY.
- THERE IS NOTHING ON EARTH TO COMPARE WITH IT.